# WATERMELON FETA SALAD

### **ANTIOXIDANT RICH AND HYDRATING**

#### **INGREDIENTS**

- 1 watermelon, cubed
- 1 cup feta cheese, crumbled
- 1/4 cup red onion, thinly sliced
- 1 cucumber, sliced and cut into quarters
- 1/4 cup fresh mint leaves, chopped
- 2 tablespoons olive oil
- 2 tablespoons lime juice
- Salt and pepper to taste

#### **INSTRUCTIONS**

- 1. In a large bowl, combine the watermelon, feta cheese, red onion, cucumber, and mint.
- 2. Drizzle the olive oil and lime juice over the salad.
- 3. Gently toss to combine.
- 4. Season with salt and pepper to taste.
- 5. Garnish with chopped mint leaves before serving.

## FOOD AS HEALTH Alliance









