

FROZEN BERRY YOGURT BARK

A LOW FAT SUMMER TREAT

INGREDIENTS

- 32 ounces fat free vanilla Greek yogurt
- 1 cup mixed berries such as strawberries, blackberries, blueberries or raspberries
- 1/2 cup reduced sugar granola

INSTRUCTIONS

1. Line a baking sheet with parchment paper.
2. Pour on yogurt and spread evenly.
3. Add berries and granola to the top.
4. Freeze for at least 1 hour.
5. Break into pieces and enjoy.

KEEP FROZEN UNTIL READY TO EAT

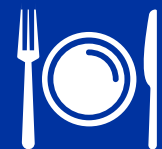


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6 SERVINGS



10 MIN